

**Bishop Ramsey C of E Secondary School**  
**Menu Week 1 wk beginning 9<sup>th</sup> November 2009**

**Monday**

Sweet & Sour Chicken  
with Rice

Fisherman's Pie

Stir Fry Vegetables with  
Noodles Chinese Style

Peas

Sweetcorn

Sticky Ginger Cake with  
Custard

**Tuesday**

Beef Lasagne

Pasta with Tomatoes &  
Fresh Herbs

Cheese & Onion Quiche

Spicy Potato Wedges

Medley of Mixed  
Vegetables

Fresh Fruit Salad

**Wednesday**

Lamb Korma

Pasta with Feta Cheese,  
Olives and Fresh Herbs

Vegetable Fajitas

Rice

Broccoli

Mixed Salad

Oaty Apple & Sultana  
Crumble with Custard

**Thursday**

Roast Pork with Apple  
Sauce & Gravy

Tomato and Vegetable  
Pasta Bake

Chickpea & Vegetable  
Curry

Roast Potatoes

Rice

Carrots

Savoy Cabbage

Apple & Blackberry Pie  
with Custard

**Friday**

Breaded Pollack Fillet with  
Lemon Wedges

Macaroni Cheese

Vegetable Stroganoff

Chipped Potatoes

Rice

Peas

Baked Beans

Fruit Jelly Pot

**Available Daily:**

Jacket Potatoes with a selection of fillings, Mixed Salad Pots, Selection of Sandwiches, Baguettes, Wraps, Paninis,  
Fresh Fruit Pots, Yoghurt Pots and Drinks

**Bishop Ramsey C of E Secondary School**  
**Menu Week 2 wk begining 16th November 2009**

**Monday**

Chilli Con Carne

Pasta with Tomato & Red Pepper

Cauliflower & Broccoli Bake

Rice

Broccoli

Mixed Salad

Apple Pie & Custard

**Tuesday**

Chicken Enchilada

Salmon Pasta Bake

Lentil Bolognese

Spaghetti

Medley of Mixed Vegetables

Treacle Tart & Custard

**Wednesday**

Lamb Rogan Josh

Roasted Vegetable Pasta

Vegetable Hotpot

Rice

Sweetcorn

Mixed Salad

Fresh Fruit Salad

**Thursday**

Roast Gammon served with Gravy

Pasta Carbonara

Country Vegetable Pie

Roast Potato

Carrots

Peas

Chocolate & Pear  
Sponge with Chocolate

**Friday**

Breaded Pollack Fillet with Lemon Wedge

Tomato Pasts Bake

Vegetable Biriyani

Chipped Potatoes

Peas

Baked Beans

Bakewell Tart with Custard

**Available Daily:**

Jacket Potatoes with a selection of fillings, Mixed Salad Pots, Selection of Sandwiches, Baguettes, Wraps, Paninis, Fresh Fruit Pots, Yoghurt Pots and Drinks

**Bishop Ramsey C of E Secondary School**  
**Menu Week 3 wk beginning 23<sup>rd</sup> November 2009**

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Mash with Onion Gravy	Chicken & Vegetable Pie	Beef Madras	Roast Turkey with Sage & Onion Stuffing & Gravy	Breaded Pollack Fillet with Lemon Wedge
Pasta with Bacon & Arrabiata Sauce	Pasta with Garlic & Parmesan	Tuna Pasta Bake	Pasta with Tomato & Basil	Pasta with Ham & Cheese Sauce
Vegetable Hotpot	Cheese & Onion Pasty	Potato & Leek Frittata	Cauliflower & Broccoli Bake	Vegetable Fajitas
Mashed Potatoes	New Potatoes	Rice	Roast Potatoes	Chipped Potatoes
Baked Beans	Broccoli	Roasted Vegetables	Carrots	Baked Beans
Medley of Mixed Vegetables	Mixed Salad		Savoy Cabbage	Peas
Apple Cinnamon Crumble with Custard	Chocolate Sponge with Chocolate Sauce	Fresh Fruit Salad	Rice Pudding with Jam	Plain Jelly Deli Pots

**Available Daily:**

Jacket Potatoes with a selection of fillings, Mixed Salad Pots, Selection of Sandwiches, Baguettes, Wraps, Paninis, Fresh Fruit Pots, Yoghurt Pots and Drinks

**Bishop Ramsey C of E Secondary School**  
**Menu Week 4 wk begining 30<sup>th</sup> November 2009**

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie	Lamb Hotpot	Chicken Tikka Masala	Chilli Beef Fajitas	Breaded Pollack Fillet with Lemon Wedge
Tomato Pasta Bake	Pasta Carbonara	Pasta with Feta Cheese, Olives & Fresh Herbs	Tuna Pasta Bake	Pasta with Tomatoes & Green Peppers
Salmon Wraps & Stir Fried Vegetables	Carrot & Coriander Roulade	Cheese & Tomato Quiche	Lentil Cottage Pie	Vegetable Lasagne
Peas	Roasted Vegetables	New Potatoes	Carrots	Chipped Potatoes
Baked Beans	Broccoli	Medley of Mixed Vegetables	Broccoli	Sweetcorn
Rhubarb & Apple Crumble with Custard	Pineapple Upside-Down Pudding with Custard	Salad Bar	Jam Sponge with Custard	Peas
		Fresh Fruit Salad		Baked Beans
				Chocolate Crunch with Chocolate Sauce

**Available Daily:**

Jacket Potatoes with a selection of fillings, Mixed Salad Pots, Selection of Sandwiches, Baguettes, Wraps, Paninis, Fresh Fruit Pots, Yoghurt Pots and Drinks

